



**CITY OF GREENSBORO
FOR IMMEDIATE RELEASE**

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Lake Higgins to host 2nd annual Paddle Days of August

GREENSBORO, NC -- (July 26, 2010) -- On Saturday, August 14, 8 am-3 pm, Lake Higgins Watershed Park will host the 2nd annual Paddle Days of August. This free event is a cooperative project between the Greensboro Watershed Parks, Get Outdoors, Earth Fare and local community paddling groups. Activities will include demonstrations with hands-on use of different types of kayaks, an on-water clean sweep of the lake and an Eco Tour.

The Paddle Days of August offers an opportunity to meet people, groups and local businesses that are interested in kayaking and enjoy outdoor recreation. Boats will be provided for those participants without kayaks and who are interested in trying out new state-of-the-art kayak designs and equipment. Lake Higgins is located at 4235 Hamburg Mill Road, Summerfield, NC.

For more information, please call Neil Thompson at 336-373-3741.

The Greensboro Parks & Recreation Department is nationally-accredited and a three-time winner of the National Gold Medal Award for excellence in park and recreation management.

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The City works with the community to improve the quality of life for residents through inclusion, diversity, and trust. As the seventh largest employer in Greensboro, the City has a professional staff of 2,800 employees, who maintain the values of honesty, integrity, stewardship, and respect. The City is governed by a council-manager form of government with a mayor and eight council members. For more information on the City, visit www.greensboro-nc.gov or call 336-373-CITY (2489).